



The Heritage

Heritage Chapter Bluebills
Boeing Retiree Volunteer Newsletter

October 2018

WWW.BLUEBILLS.ORG

VOLUME 24 ISSUE 10

Chairman's Corner

By Richard Vaughn



Fall is just around the corner and normally we would be sending out information about our annual Volunteer of the Year luncheon but this year there will not be a luncheon. We had to cancel the event due to Boeing cutting our budget by more than 50%. We now have a new Boeing Representative who is under a different organization and who is working hard to find a better way to support the Bluebills. That will not bring us any more funds for this year. Consequently, there is a lot of confusion between the chapters and The Boeing Company which will continue until it is determined just how much, if any, they will restore in the 2019 budget. It is too late for this year so we are working to prove our need for the budget to either be restored to the former amount or to at least increase the new amount.

We will still have our chapter's monthly meetings at the VFW in Renton and would like to see new members there as well as the regular attendees. The meetings are informational with great speakers, coffee and doughnuts, and social time to catch up with your fellow Bluebills.

The December meeting will once again feature our end of the year potluck. This will be the last meeting of 2018 so put it on your schedule and plan to join us.

There is another work party scheduled for October 21 (Saturday) at Well Spring Family Services in Seattle. Bill and Karen Baker are again leading this event and will give you more information in this newsletter.

The Bluebills Sno-King Chapter in Everett now has a new chairman, Alan Rice. Alan retired a year or so ago and joined Bluebills this summer. When approached by the outgoing chapter chairman about taking on the chairman's job he immediately said "yes" and began working to revitalize the group. This shows that if you want to help the organization you can make the effort to do so.

Heritage needs more members who are concerned about the future of this chapter to step forward. Now is the time to offer your assistance as we are in the process of finding members who will run for election for the 2019 chairman and vice-chairmen positions. We have a number of experienced people to assist so you do not have to go it alone. Several Bluebills have been helping out for 24 years and that is a long time. You don't have to be a long time member to volunteer for one of these positions. We need new ideas and those of you who have more recently worked in the productive world can bring newer skills and knowledge into the chapter. Please give it a chance. Put this in your thoughts – if we do nothing then nothing is going to happen!



Busy B's



by Janice Hawes

My column this month is written by Busy B Lana Mitsules. She makes the most unusual quilts that are quite lovely and always different. She writes about her process.



"Ok, I've been asked to explain how come my quilts are so different. Well, I have an answer. PINTEREST. When one is retired and has time on their hands, PINTEREST seems like a natural place to visit online. I visit the QUILTS, there are pictures of thousands of them. So, big deal, right? What do I do with the pictures of those quilts? I take pictures of them on my handy-dandy cell phone. I look at them, share them and even sometimes make one of them. Easier said than done of course. I use a "trial and error" method. I figure out how many squares or components there are and figure out the size they need to be to go from phone size to quilt size. Just as Sibyl mentioned that ugly word MATH last month, that's where the trial and errors come to the surface. Lots of figuring out how many pieces to cut, and then there are the colors, trying to put the right colors together. Thankfully we have a large stash of fabrics that has been donated to us. The rest of the story can be read by rereading Sibyl's article.

If you get a chance, stop by our room and see our quilts hanging on the wall or look at the pictures of past quilts.

We have recently lost three of our quilters, and would love to have anyone, man or woman, join us. We meet on Thursday, 9-12 and we'll all give you a helping hand

to get you started. Lana

We recently started making twin size quilts for the new Mary's Place. They need 200 of them. and we hope to make a few.

Speaker for October

By: Jim Beasley

Carrie Krueger, Nature Conservancy of Washington. Her presentation will outline the mission of Nature Conservancy in Washington .



The Nature Conservancy in Washington

Puget Sound Honor Flight time

By Lonnie Stevenson

It's fall time. Puget Sound Honor Flight time again, honoring our awesome veterans with a trip to DC to see all the memorials.

The first one Sept 15/ Sept 17 honoring 16 WWII vets, 26 Korean War Vets, 10 Vietnam Vets is done/in the books. See pics at link provided by PSHF.org [‘And here are the photos from Monday night; everyone looks so squared away!!](#)

Next flight is Oct 13/15 . So more to share next month.

Any time you see a Vet/Police man/Firefighter/ First responder : Touch them on the shoulder, and just say "Thank you for what you do".

September Chapter Meeting Recap



By Mary Ulibarri

Richard began the meeting with the Pledge of Allegiance. There were two September birthday attendees – Norma Vaughn and Don Hilt.

And here are a few August birthdays that were missed due to the annual picnic last month: Bill Baker, Howard Syder and Zip Zuther. The September anniversary members present were Tom Moberg (62 yrs.), Don Hilt (38 yrs.), Bob Lambert (67 yrs.), Judy and Ted Leyden (23 yrs.), who met through the Bluebills. Congratulations to all.

We welcomed one new member, John Masterson, who reported to Richard many years ago. John, a CASA volunteer, contributed to the presentation with his personal experiences dealing with CASA cases. His perspective was very interesting and touching and resulted in a number of questions from the audience.



Janice Hawes displayed a wonderful Seahawks lap blanket made by Lisa Nyreen that is being raffled - \$1.00 per ticket. The winning number will be announced at the December potluck. Be sure to get some tickets – a great creation and the proceeds will benefit the continuing work of

the Busy Bs.

Karen Baker announced the candy bags for children's hospital will be distributed the middle of December. She stated any members who may have leftover Halloween candy they wish to be rid of should bring it to the November meeting to be used for said bags.

Oscar also encouraged the donation of candy and

small toys, such as Beanie Babies, for the Christmas and Easter bags. Due to the reduced funding situation, those are the only two occasions now. He also thanked the Busy Bees for their usual sewing projects that he will deliver next week.

Don Hilt announced a long list of appropriate school supplies he purchased with the donations collected at the monthly meetings. A big thanks to all who make this possible.

Bill Baker passed around a sign-up sheet for another Wellspring Family Services project sorting baby clothing on Saturday, October 27th, from 9:30 to 11:30. Call the office if you wish to add your name to the list of volunteers.

Jim Beasley then introduced the speaker, Anne Williams, who is a CASA Supervisor/ Specialist for the King County Superior Court. CASA stands for Court Appointed Special Advocates. Anne graduated from the University of Washington with an MPA. She has over 15 years of community work experience both for the Department of Corrections and in the local communities. Prior to the CASA Program, Anne worked for the Department of Corrections, serving as a Correctional Program Manager. She managed a volunteer program with over 700 volunteers, four visit programs, and religious programs at the Monroe Correctional Complex. In her current position, she supervises CASA volunteers and is working on the recruitment of new Volunteers.



The CASA program works with neglected and abused children who have been removed from their parents care. The CASA Volunteer represents the best interest of the Child in Court. Currently, CASA has over 800 children that are being represented by 320 CASA members. However, there are over 600 children that are in need of a CASA to represent them. The goal is to recruit 90 Volunteers that will advocate for these children in the King County Dependency Court. Prior to her work at DOC, she worked with the Central Area Motivation Program to provide employment and other resources to low-income families in Seattle and King County

In 40 years, CASA started from a handful of volunteers recruited by word of mouth and has grown to 70,000+ volunteers across the United States. The volunteers are trained by the court to investigate and advocate for the needs of children removed from their families due to abuse or neglect allegations. CASA volunteers investigate, report to the court on the needs of the child, assist the court in making difficult decisions, and make sure that the children’s needs are heard. It is now a federal requirement that children removed from their families to foster care have advocacy in court, usually through a dedicated CASA volunteer. At the age of 12, the children are then assigned an attorney, but the CASA support doesn’t stop there. These children may receive CASA support as needed until they are 25.

The CASA Program needs volunteers who are able to advance and promote equality and cultural understanding in the dependency courts by carefully communicating all the needs of dependent children.

CASA is central to fulfilling society’s most fundamental obligation by making sure a qualified, compassionate adult will support children being returned safely to their families of origin or if that is not possible, finding a permanent alternative placement. Anne stated she has signed on to also be a CASA volunteer and is looking forward to her first case.

Anne shared the floor at intervals with John Masterson, who relayed his personal experience as a volunteer for CASA. He feels honored and rewarded by making a difference in people’s lives as a part of such a worthwhile organization.

Jim presented Anne with one of the “History of The Boeing Company” books and Richard concluded the meeting with the door prize drawings.

Bob Lambert Update

By Lonnie Stevenson & Heinz Gehlhaar

We Visited Bob Lambert Saturday 15th, had great

deep discussions, wheeled him out side for fresh air . . .spent over 2 hours with him.



Sunday we went back to take him out to lunch, but due to the heavy down pour, we decided to get breakfast to go from his favorite restaurant in Issaquah, Big Fish, to bring to him . . . and . . . on our way out, guess who was already there . . . having lunch with Mike and 4 other folks. Mike said, ‘oh yeah, we come here at least once a week’. So we joined them for about another half hour.

Here are a couple of pictures Heinz took of our Bluebills meeting Friday. As you can see every one was really happy to see Bob. But what is much more important, all of this activity did a great thing for Bob’s health. One caught Bob enjoying popcorn.



It is really important that the Bluebills keep him in contact with us. Go visit or try him on the phone with some subject of discussion.

BOB Lambert currently living at Issaquah Nursing and Rehab Center

805 Front St S, Issaquah, WA 98027

His direct line to his room: 425-369-3922

Would LOVE CARDS and CALLS.

Let’s not forget one of our own, ‘specially one of our founding fathers of Bluebills.



The Salvation Army - White Center Back to School Shopping at JCPenney

Wednesday, August 22nd 2018

- RECAP -



A BIG Thank You!! to all our amazing volunteers for your support of The Salvation Army's "Back to School Shopping" at JCPenney!



Please enjoy these photos, as we celebrate each of you and your incredible impact on our community!



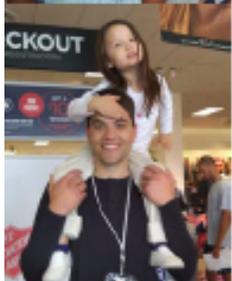
100 volunteers turned out, bright and early Wednesday morning, to assist 139 deserving kids who each got to spend \$200 on clothes and shoes to help start the school year off right.



Children chosen for this generous donation are selected by The Salvation Army, using State and Federal guidelines to assess need. All kids are students in Seattle School District and most live and attend school in the White Center area.



For most of these students, this was their first experience shopping for their own clothes and for many, the one time this year they will be able to have something new.



Thank you for spending a few hours of your morning to help some very deserving kids.

We would love to hear about your experience! Please let us know if you have any stories/comments to share.

Sincerely,

Lisa Borden



Bluebills History

By Heinz Gehlhaar

Here is a little bit of Bluebill history found by my blind guy's family: an article in the Boeing newspaper of March 29, 1996. Hard to believe that I have been with the Southworth Family for 23 years.

MARCH 29 | 1996
BOEING NEWS | PAGE 5

Bluebills volunteers help reclaim a life

BY WILLIAM WINSHIP
Boeing Information & Support Services

Jon Southworth had every reason to count his blessings. The 33-year-old design engineer and self-confessed workaholic had a challenging job, a thriving family life and a multitude of outside interests.

All were taken from him with the speed of blowing out a candle.

One day while driving down a West Seattle street, Southworth suddenly experienced the first of a series of black-outs, leaving him temporarily unable to see. Medical tests confirmed the worst of several possible diagnoses — the presence of a brain tumor.

Surgeons quickly operated to remove the growth, only to discover a tumor three times larger than they had anticipated. The surgery resulted in severe post-operative swelling, effectively destroying his optic nerve and further damaging his brain.

Jon Southworth was left totally blind, unable to taste or smell, and with extensive brain damage.

Although doctors asserted that the patient's greatest progress would be made during his first year of recovery, 1991 brought little improvement in Southworth's condition. The

family's hopes were clouded. By 1995, this formerly active and highly intelligent man found himself in severe depression and unable to focus his mind for more than 10 or 15 minutes.

In January 1995, Boeing News ran a story highlighting the formation of the Bluebills, a newly-organized group of Boeing retirees dedicated to community service.

The Southworths were a longstanding Boeing family, Jon's father having worked as an engineer at the company for 35 years. In desperation, Jon's mother wrote to the Bluebills, describing her son's plight and asking for help.

After conferring with Commu-

nity Services for the Blind, the Bluebills dispatched Dick Cihak, a retired Boeing Defense & Space Group engineer, who had stepped forward to volunteer his time. Cihak visited the family and sat down with Southworth in an attempt to provide the former engineer with a toehold back into life.

"I discovered that Jon actually had a computer equipped with a voice synthesizer," Cihak said. "But the system was virtually unusable owing to the gaps in available operating software. So our first step was to try to customize the voice synthesizer so that Jon could actually use it."

This proved to be a major



Pictured from left are Heinz Gehlhaar, Dick Cihak, Jon Southworth.
— photo by Jim Coley

challenge. Computers are designed to function in an exclusively visual medium. (Try sitting in front of your workstation and responding to a "Help" screen with your eyes closed). The formidable software challenge, however, permitted the men to relate to each other as engineers, and for the first time since his operation, Southworth found himself thinking and speaking in "engineerese."

In October, the team was strengthened by the addition of Heinz Gehlhaar, another retired Boeing engineer, who brought additional software-design expertise.

The results were nothing short of spectacular. Animated by a task he could actually come to grips with, along with a re-kindled sense of engineering ca-

maraderie, Southworth began to experience extraordinary growth in his mental endurance. His ability to concentrate leaped from only minutes at a time to more than four hours at a stretch in just over six months — an almost unprecedented medical improvement.

Within weeks, Southworth was communicating with the outside world via the internet. Currently, he is preparing a manual to help coach others like himself.

"Thanks to these guys, I have my life back," reports Southworth, with passion in his voice.

"After five years of being isolated, I can deal with life, I can participate, I can do the technical things I love to do. I'm back — and I'm so grateful to them."

Retirees can join 'pool of talent'

The Bluebills organization, now just over a year old, continues to seek Boeing retirees who can offer their resourcefulness and skills in solving community challenges.

"From Marysville to Olympia, community agencies are crying for help," said Barbara Willard, Bluebills chairman. "We want to continue to tap the enormous pool of talent and ingenuity represented by retired Boeing employees."

The Bluebills maintain a database of volunteer requests from nonprofit agencies in the Puget Sound area, enabling them to match the skills and interests of retirees with volunteer opportunities in the community. A major part of the Bluebills' efforts, however, goes to a Retiree Assistance Program, supporting members of the extended Boeing family.

To contact the Bluebills organization, call 393-1567.

Employees given opportunity to buy U.S. Savings Bonds

All Boeing employees soon will receive a packet of information to five years. The short-term rate is 85 percent of the average six-month rate. Savings bond cards are available from the Employee Benefits Office.

Books for Kids drive starts April 1

Boeing employees can help bring at-risk children into a world of books, but also read to children and distribute the books directly.



Daylight Time Ends November 4th
Don't forget to set your Clocks Back!



Free credit freezes are here

September 21, 2018 by Andrew Smith, Federal Trade Commission, Director, Bureau of Consumer Protection Gail Hillebrand, Bureau of Consumer Financial Protection, Associate Director, Division of Consumer Education and Engagement .

Free credit freezes and year-long fraud alerts are here, starting September 21st, thanks to a new federal law. Here's what you should know:

Free credit freezes

Security freezes, also known as credit freezes, restrict access to your credit file, making it harder for identity thieves to open new accounts in your name. Starting September 21, 2018, you can freeze and unfreeze your credit file for free. You also can get a free freeze for your children who are under 16. And if you are someone's guardian, conservator or have a valid power of attorney, you can get a free freeze for that person, too.

How will these freezes work? Contact all three of the nationwide credit reporting agencies – [Equifax](#), [Experian](#), and [TransUnion](#). If you request a freeze online or by phone, the agency must place the freeze within one business day. If you request a lift of the freeze, the agency must lift it within one hour. If you make your request by mail, the agency must place or lift the freeze within three business days after it gets your request. You also can lift the freeze temporarily without a fee.

Don't confuse freezes with locks. They work in a similar way, but locks may have monthly fees. If you want a free freeze guaranteed by federal law, then opt for a freeze, not a lock.

Year-long fraud alerts

A fraud alert tells businesses that check your credit that they should check with you before opening a new account. Starting September 21, 2018, when you place a fraud alert, it will last one year, instead of 90 days. Fraud alerts will still be free and identity theft victims can still get an extended fraud alert for seven years.

Issues with a credit freeze

If you think a credit reporting agency is not placing a credit freeze or fraud alert properly, you can submit a [complaint online](#) or by calling 855-411-2372. If you think someone stole your identity, visit the FTC's website, [IdentityTheft.gov](#), to get a personalized recovery plan that walks you through the steps to take.

For more information, check out [Place a Fraud Alert](#), [Extended Fraud Alerts and Credit Freezes](#), and [Credit Freeze FAQs](#).

BLUEBILLS HERITAGE CHAPTER VOLUNTEER PROJECT with WELLSPRING FAMILY SERVICES

By: Bill & Karen Baker

In July twelve Heritage Chapter Bluebills participated in helping Wellspring Family Services sort clothing for distribution to needy youngsters. We are planning to go again on Saturday October 27th from 9:30 till 11:30. As of this writing we need a few more volunteers and hope you can join us.

Wellspring is a non-profit multi-service agency serving low income and vulnerable individuals. They have a very nice facility at 1900 Rainier Ave. South . It was a well organized and rewarding activity. If you can join us in Oct. please call 253-862-3005 or e-mail to baker2721@comcast.net.

Calendar of Events 2018

Jan 11	Heritage Leadership Meeting
Jan 26	Chapter Monthly Meeting
Feb 15	Heritage Leadership Meeting
Feb 23	Chapter Monthly Meeting
Mar 15	Heritage Leadership Meeting
Mar 30	Chapter Monthly Meeting
Apr 12	Heritage Leadership Meeting
Apr 27	Chapter Monthly Meeting (Potluck)
May 10	Heritage Leadership Meeting
May 25	Chapter Monthly Meeting
Jun 14	Heritage Leadership Meeting
Jun 29	Chapter Monthly Meeting
Jul 12	Heritage Leadership Meeting
Jul 27	Chapter Monthly Meeting
Aug 16	Heritage Leadership Meeting
Aug 24	Heritage Chapter Picnic
Sep 13	Heritage Leadership Meeting
Sept 28	Chapter Monthly Meeting
Oct 11	Heritage Leadership Meeting
Oct 26	Chapter Monthly Meeting
Oct/Nov (CANCELED)	Chapter Honors Luncheon
Nov 15	Heritage Leadership Meeting
Nov 30	Chapter Monthly Meeting
Dec 13	Heritage Leadership Meeting
Dec 21	Chapter Monthly Meeting (Potluck)

Food Bank Schedule For 2018

Cash donations collected at each monthly meeting to be given to a different food bank each month.

January	Highline	Marian Herrin
February	Bellevue	Doug Hoople
March	Federal Way	Jim Lee
April	Maple Valley	Vaughn's
May	Kent	Bob Stubbs
June	Auburn	Martha Battles
July	West Seattle	Marian Herrin
August	Tacoma	Ted & Judy Leyden
September	Renton	Eleanor Skinner
October	White Center	Heinz Gehlhaar
November	Issaquah	Eleanor Skinner
December	Des Moines	Jim Orchekowsky

Bluebills - Heritage Chapter

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Jim Beasley	Speaker Coordinator jimcarlab@hotmail.com
Fran Parker	School Supplies for Children parker33@q.com
Mary Ulibarri	Newsletter co-editor bbbeditor@live.com

Bluebills Heritage Chapter Meeting

October 26, 2018

10:00AM Social, 10:30AM to 12:00Noon Meeting

Speaker: Carrie Krueger, Nature Conservancy of Washington

Subject: "Nature Conservancy of Washington & It's Mission"

Bring a non-perishable food item to monthly meetings to be given to a different food bank each month



Please Note:

The Bluebills monthly meetings are held at the VFW Post 1263, 416 Burnett Ave South, Renton, WA. Parking is available in the lot immediately across the street from the VFW.

Bluebills Monthly Volunteer Hours

Volunteer Name _____

Phone Number _____

_____ **Hours worked** _____ **For** _____
(month/year) (agency name)

_____ **Hours worked** _____ **For** _____
(month/year) (agency name)

_____ **Hours worked** _____ **For** _____
(month/year) (agency name)

Please send completed hours form to Bluebills, PO Box 3707 1K-B02, Seattle, WA 98124

Email to bluebills@boeing.com or bring to Bluebills monthly meeting

Bluebills Heritage Chapter Meeting Directions

From the **north** take 405 S
 Bronson Way. Keep right
 and continue on S 2nd St. to
 Williams Ave S. Turn left
 onto Williams Ave S and turn
 right onto 5th St. Go one
 block and turn right onto
 Burnett Ave S to VFW.
 From the **south** go north on
 Highway 405 to Exit 2 Hwy
 167 Rainier Ave S. Go
 north to S Grady Way. Turn
 right on S Grady Way to
 Talbot Rd (3rd light) turn
 left on Talbot Rd. One block
 turn right on 7th St and then
 left on Burnett Ave S. Con-
 tinue three blocks to VFW.

